

Workplace Wellness

DESERT DIETITIANS

We are a dedicated team of registered dietitians, excited to introduce you to our comprehensive wellness program. Our program is uniquely designed to cater to your individual health goals, whether you're looking to manage your weight, boost your energy levels, or simply lead a healthier lifestyle.



WHAT'S INCLUDED

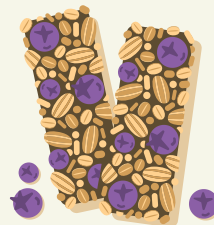
Choose a lecture suitable for your employees:

- Weight management
- Healthy eating in the workplace
- Hormone health

Or any lecture customized to your preferences!

Choose accessories for your lecture:

- Educational Resources
 - Access our wealth of resources, guides, meal plans, and journals to help implement new healthy habits for your team.
- Food Models
 - Comprehend portion sizes through Nasco Edu Food Replicas Kit.
- Healthy Snacks or Meal Prep
 - Prepare truly healthy meals that your employees will delight in.



PRICING

- \$1500 for lecture, Q&A with an RD, educational activities & meal prep
 - 50% off with referral

DISCOUNTS

- 20% follow up sessions with our dietitians
- 50% off programs and classes
- 50% metabolic rate session

BENEFITS

- Deductible Business Expense
- Health Insurance Premium Reductions
- Reduced Absenteeism and Increased Productivity

CONTACT



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DESERT DIETITIANS
Nutrition Consultants